



Kizuna (Bond) Project  
Japan-SAARC U-14 Football Exchange Programme to support Disaster Affected Areas

Group Name	Afghanistan	Bangladesh	Bhutan	India	Maldives	Nepal	Pakistan	Sri Lanka			
Group Color	Yellow	Orange	Pink	Red	Light green	Green	Light blue	Blue			
	U-14 Players: 16 Team Officials: 4	U-14 Players: 16 Team Officials: 4	U-14 Players: 16 Team Officials: 4	U-14 Players: 16 Team Officials: 4	U-14 Players: 16 Team Officials: 4	U-14 Players: 16 Team Officials: 4	U-14 Players: 16 Team Officials: 4	U-14 Players: 16 Team Officials: 3			
1	10/7	Sun	AM	Arrive at Narita	Arrive at Narita		Arrive at Narita	Arrive at Narita	Narita Tobu Hotel Airport (Narita)/ Narita Excel Hotel Tokyu		
			PM	Transfer to Hotel	Transfer to Hotel		Transfer to Hotel	Transfer to Hotel			
2	10/8	Mon	AM	Transfer to Shizuoka (Hotel→Shizuoka/Bus)	Transfer to Shizuoka (Hotel→Shizuoka/Bus)	Arrive at Narita	Transfer to Shizuoka (Hotel→Shizuoka/Bus)	Transfer to Shizuoka (Hotel→Shizuoka/Bus)	Tokinos umika (Shizuoka)		
			PM	Orientation for all participants/Explanation of the rules/Team meeting							
3	10/9	Tue	AM	Exchange Match ( Exchange Match with JFA Academy Fukushima)							Tokinos umika (Shizuoka)
			PM								
4	10/10	Wed	AM	Exchange Match ( Exchange Match with JFA Academy Fukushima)							Tokinos umika (Shizuoka)
			PM								
5	10/11	Thu	AM	Exchange Match ( Exchange Match with JFA Academy Fukushima)							Tokinos umika (Shizuoka)
			PM	Observation of JFA Academy Fukushima Training (For players and officials wishing) Observation of JFA Academy Fukushima Dormitory (For officials wishing) Reception							
6	10/12	Fri	AM	Free time							Apa Hotel(M akuhari)
			PM	Transfer to Tokyo (Shizuoka→Tokyo/Bus)							
7	10/13	Sat	AM	Visit to the Panasonic Center Tokyo ( Learning Science) Visit to the Nissan Stadium			Visit to the Nissan Stadium Visit to the Panasonic Center Tokyo ( Learning Science)			Apa Hotel(M akuhari)	
			PM	Watching the J-League Semi final Game of Nabisco Cup at Hitachi Kashiwa Soccer Stadium 19:00-							
8	10/14	Sun	AM	Visit to the Japan Football Museum			Visit to Asakusa (Japanese Cultural Experience)			Apa Hotel(M akuhari)	
			PM	Visit to Asakusa (Japanese Cultural Experience)			Visit to the Japan Football Museum				
9	10/15	Mon	AM	Lecture on the overview of the disaster caused by the Great East Japan Earthquake and reconstruction state 9:30-11:00							Tokiwaji Hotel (Ibaraki) Rejina Hotel(Fu kusahim a)
			PM	Transfer to Ibaraki by Bus			Transfer to Fukushima by Shinkansen Bullet Train (Tokyo 14:20 - Shin-Shirakawa 15:46 ) Welcome Reception hosted by the Mayor of Tenei Village, Exchange with village people				
10	10/16	Tue	AM	Visit to Affected area in Ibaraki 【Lecture】 The Fire & Disaster Headquarters of Hitachiota City			Visit to Affected area in Fukushima 【Lecture】 Rescue Activity of Sukagawa Police Office after the disaster			Tokiwaji Hotel (Ibaraki) Rejina Hotel(Fu kusahim a)	
			PM	【Observation & Volunteer Activity】 Welfare Centre for elderly people of Hitachiota City			【Lecture & Observation】 Safety Management of Agricultural Products / Tenei Village Office				
11	10/17	Wed	AM	【Exchanges at school】 Ota Dai Ichi High School			【Cultural Experience】 Terraced Paddy Fields, Traditional Farm House			Tokiwaji Hotel (Ibaraki) Rejina Hotel(Fu kusahim a)	
			PM	【Lecture】 Experience of Disaster Victims. Food Safety 【Observation】 Local Industry & Farm			【Sports Learning & Exchange】 Karate (Japanese Martial Arts)				
12	10/18	Thu	AM	Transfer to Tokyo by Bus			Transfer to Tokyo by Shinkansen Bullet Train (Shin-Shirakawa 10:15 - Tokyo11:44)			Apa Hotel (Makuha ri)	
			PM	Free time							
13	10/19	Fri	AM	Workshop / Preparation for Presentation (Olympic Center in Yoyogi, Tokyo)							Apa Hotel (Makuha ri)
			PM	Workshop Presentation							
13	10/20	Sat	AM	Move to Narita Airport Departure 21:20	Move to Narita Airport Departure 10:50	Move to Haneda Airport Departure 16:30	Move to Narita Airport Departure: 11:00	Move to Narita Airport Departure: 13:20	Move to Narita Airport Departure 11:00	Move to Narita Airport Departure: 12:00	Move to Narita Airport Departure: 13:20
			PM								